

pitman training

Get the Pitman Advantage™

Go…Make a Difference!

Designed For: Those who want to learn how to use the Go Mad® Thinking System in order to achieve personal and business success.

Pre-requisites: Basic working knowledge of the Microsoft Office Word program; the motivation to want to make a difference.

Objectives: To teach how a difference can be made in your personal or professional life through self-development.

Lesson	Course Content
1	• Including: Getting straight to the point, knowing what the 7 key principles of the Go MAD® system are, being familiar with the Go MAD® framework, knowing the reasons why you want to make a difference, making a start on principle one.
2	• Including: Understanding your natural ability, being able to define your own success, deciding what you want, developing your goal writing ability, filtering out negative thoughts, defining your goal.
3	• Including: Knowing how to plan priorities, gaining self-control, the difference between urgent and important, developing a system, knowing how to de-clutter, being aware of the time stealers, understanding that the plan may change.
4	• Including: Having self-belief, becoming your own best friend, being able to sell yourself to yourself, knowing how to write self-talk statements, being able to recognise the dream stealers, eliminating failure.
5	• Including: How to involve others to make a difference, why you should involve others, being able to share your goal, being aware of your qualities.
6	• Including: Taking personal responsibility for your actions, refusing to blame others or make excuses, leading by example, choosing to make time, overcoming bitterness and resentment.
7	• Including: Being ready to take action, facing challenges, measuring the difference, importance of defining new goals, celebrating success.
8	• Including: Solution focused thinking, the four Go MAD® thinking components, changing hindering thoughts into helpful thoughts, systems thinking and process thinking, coaching others, applying Go MAD® to teams, meetings and projects, making a start to MAD®…..

Course duration: 8 hours

Price: £198.34 – *including workbook, certificate & examination*

For more information or to sample the course, free, please call us:

Manchester: 0161 923 6814

Holborn: 020 7025 4700

Notting Hill: 020 7792 5214

Pitman Training Centre High Holborn, Notting Hill & Manchester operate under franchise of Pitman Training Group

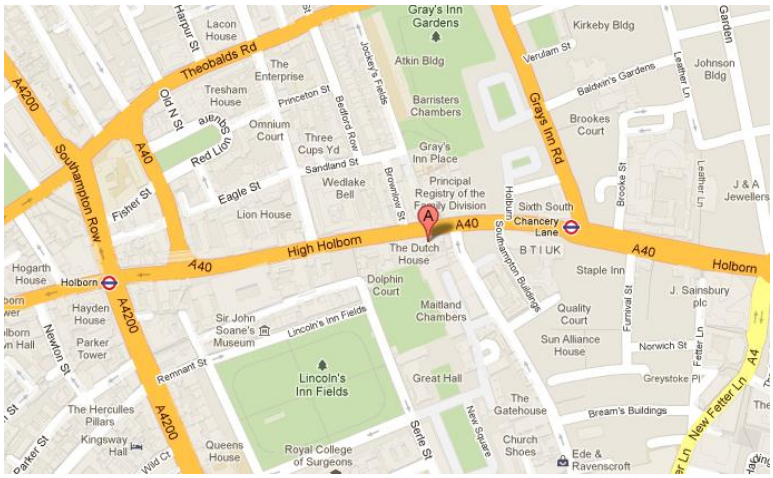
www.holborntraining.co.uk

How to find us:

Get the Pitman Advantage™

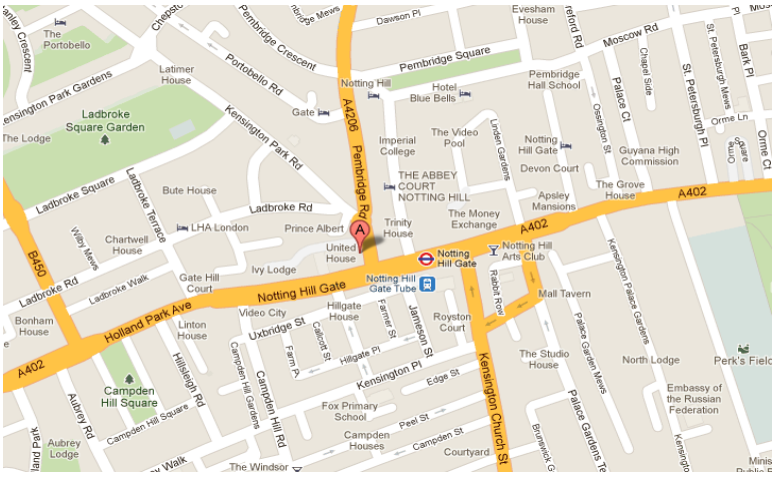
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