

Giles Foreman Centre for Acting

A LEADING PROFESSIONAL ACTING STUDIO IN THE HEART OF LONDON

**MASTERCLASS
SERIES**

Character Analysis

*The technique of **Movement Psychology***

*as developed by **Yat Malmgren**, from the work of **Rudolf Laban** and **William Carpenter**.*

The Giles Foreman Centre for Acting offers the programme as a series of 8 weekend Masterclasses in London, in which the internationally renowned technique of Yat Malmgren is taught.

The technique, known as '**Movement Psychology**' or '**Character Analysis**' made the Drama Centre, London one of the world's major actor-training institutions, producing many of the great figures of world cinema and Theatre – Anthony Hopkins, Sean Connery, Colin Firth, Paul Bettany, Michael Fassbender, Helen McRory, Tara Fitzgerald, Lambert Wilson, Simon Callow, Tom Hardy, Santiago Cabrera, Russell Brand – to name but a few.

The work is essentially the only fully comprehensive analysis of human expression that we know of, and is accompanied with a set of exercises that provide a pathway for the actor to transform in a specific, psychologically real way.

The technique is based on the psychological theories of **Carl Jung** (Sensing, Thinking, Intuiting and Feeling) and the work of **Rudolph Laban**.

Block 1: **Sat & Sun 16 - 17 February & 2 - 3 March 2013:**

The Mental and Motion Factors and the Inner Participations

Block 2: **Sat & Sun 4 - 5 & 11 - 12 May:** The Inner Attitudes

Block 3: **Sat & Sun 1 - 2 & 15 - 16 June:** The Externalized Drives

Block 4: **Sat & Sun 6 - 7 & 13 - 14 June:** The Confluence of Externalised Drives

The course is limited to 14 places: Total cost £1800*

***Participants must be able to attend all four blocks.**

*** Instalment plan available - please enquire.**

It will be taught primarily by **Giles Foreman**, supported by
Christopher Fettes, founder of the Drama Centre
Liana Nyquist, movement specialist
Janet Amsden, assistant of Yat Malmgren

Please contact the Centre for an application form.

We will endeavour to assist people in finding cheap accommodation, if travelling from abroad or outside of London; please ask for information. **Further details overleaf ...**

www.gilesforeman.com

info@gilesforeman.com

Tel: 0044 20 7437 3175

STUDIO SOHO in Royalty Mews [entrance next to Quo Vadis],

Lower ground Floor 22 Dean Street W1D 3AR

GILES FOREMAN CENTRE FOR ACTING [Caravanserai Productions Ltd t/a]

Registered office 170 SOUTH EALING ROAD LONDON W5 4QL

Company No: 05645207

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Rudolph Laban, architect of European Contemporary Dance, codified a system of analysing and classifying movement in all its aspects, not only physical, but also in its expressive manifestations. Yat extended these ideas to create a **psychological typology** which brings together **Laban** and **Stanislavsky**. This fusion of internal motivation and expressive technique offers the actor a holistic training and the basis for constructing character.

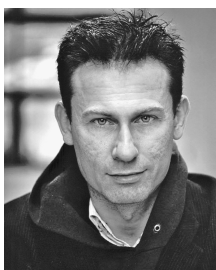
The theory suggests that we have all of Jung's archetypes within us, some more developed and more active than others. The specific combination of these energies makes us who we are. It reveals itself in the way we do things, or in acting terms, the way our character gets what it wants – both physically and psychologically.

Essentially through a set of rhythms it sensitises the actor to these archetypes or subconscious 'psychological energies' within himself/ herself and how they express themselves physically. Eventually it demonstrates how to realign them in different combinations - thus allowing the actor to transform into another human being in a psychologically 'real' way. Character can be seen as a rhythm, or to put it another way, rhythms can induce a different inner state and consequently a different outer expression or set of movements. The technique therefore provides knowledge of how to reveal a character's impulse through the body in a psychologically specific way.



Yat Malmgren was one of the great solo artists of European modern dance and later became a legend in British actor training having been the creator of the **Laban-Malmgren System of Character Analysis**.

Yat initially taught at a small studio in West Street, London and there became the acting guru of Sean Connery. He was invited by Lawrence Olivier to work at the fledgling National Theatre and later taught a young Anthony Hopkins at the Royal Academy. He went on to found the **Drama Centre, London** which was created around his work and which has subsequently produced some of the greatest names in British and world theatre and cinema.



Giles Foreman trained as an actor at the Drama Centre, London. He is now one of the leading acting specialists in the UK and is the founder of the Giles Foreman Centre for Acting and Studio Soho based in London's central Soho district. He has worked as an acting coach at the Drama Centre, London, the Central School of Speech and Drama, Deutsche Schauspiel Akademie, Berlin, The Forum for Filmschauspiel, Berlin, Creative Education, The City Lit, NODA, Stage Center – Jerusalem, Israel, the Pula International Festival of Theatre, Croatia, International Festival of Theatre, Athens, Greece, FOCAL, Switzerland and Class Act, Luxembourg. He has run workshops all over the world.

Giles has worked as an acting coach on many movies, these include, 'Ruhestoerung' directed by Robert Ralston, 'Romeos', the Swiss hit movie - 'Grounding', 'Sunny Hill', 'Sennentuntschi' and 'Das Schweizer Missen Massaker' directed by Michael Steiner, 'Pedaleur du Charme', 'Dawn' starring Jason Isaacs and 'Gletscherblut'. Giles also worked as a coach on the Kooks video - 'Sway'. He regularly coaches a whole range of actors before and during shoots, most recently he worked on 'Immortals' with Daniel Sharman and with Alex Gonzalez on X Men First Class.

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