Personal Care



Course Number
SC0215

Validity
3 Years

Duration
1/2 Day

Formal Assessment
No

This course will be tailored to appropriately suit child, adult, learning disability and mental health settings.

"bringing training to life"

This course is suited to those who are new to care. Attending delegates will gain a solid introduction to the basic personal needs of those in their care and how these are provided for. The importance of providing inclusive personal care rather than just carrying out tasks for someone is a key theme that is imparted.

Introduction

- Introductions
- Tutor profile
- Course overview & expectations

Course Content

- Client privacy, confidentiality, & consent
- Communication
- Doing tasks Vs personal care
- Hygiene (client and self)
- Grooming
- Toileting
- Taking notice
- Summary & reflection