

Restricted Physical Intervention (RPI)-Managing violence, Aggression/Challenging Behaviour- Theory and Practical

This course is suitable for those working in Learning disability and Autism, children with SEN and EBD and similar environments that require a Restricted Physical Intervention (RPI) techniques and also promotes safety and choice for the service user.

The course is therefore intended for those seeking the use of non-pain compliant techniques.

Record of Competence- Conflict Management and Restricted Physical Intervention (RPI) Techniques

THEORY	PRACTICAL
1.Legislation: Tort (common law duty of care) Health and safety at Work Act sections . 2, 3, 7 Management of Health and safety at work Regulations 1999 S.3(1) Defining 'Reasonable Force' Necessity and proportionality Basic Law -S.3(1) Criminal Law Act 1967 European Convention on Human Rights Act Children's Legislation where necessary Overview of Pindown Children Act 1989 National Minimum Standards Regulations. United Nations Convention – Rights of the Child Draft Local Authority Circular 2000 DfEE & DOH Guidance – July 2002 LAC(93)13 Education Act 1997 S.550A Education Act 1996 Crime Reduction act 2006 Positional Asphyxia	1.BREAKAWAY TECHNIQUES Defence against punches Clothing grabs Two hands against wall grabs Front Hair grasp Rear Hair grasp Nape of Neck Head lock from side Rear strange hold standing Rear strange hold seating Strangle in open area Strangle against wall Removing object from grasp Bites
2. Risk Assessment and Behavioural disorders POP Model Risk reduction Predictability Incident prevention	2. HOLDING TECHNIQUES Four arm hold Side hug Lower basket Figure of four-hold variation Doorway negotiation (2/3 staff) Double forearm hold Reverse hold
3. Triggers Fear and anger	3. SEPERATING FIGHTS Separating fighting-standing Separating fighting-on floor
4.Flash points Warning signs Verbal warning signs Non verbal warning signs Physical threats Body language Violence and aggression Escalation of a problem The grinding down effect of challenging behaviour	4. VARIABLE TECHNIQUES Defence against kicks-standing
4.Defusing a situation Models Open PALMs SAFER Approach Behaviour-Attitude Team Work Working alone Restraint Exit Strategy	5. HARMFUL TECHNIQUES Explanation of why some techniques should not be used
5.Conflict resolution	
6.Effects of conflict/challenging behaviour Supporting colleagues	