

First Aid At Work



COURSE OUTLINE

Regulations

An introduction to the first aid at work regulations, including reporting and recording.

Assessing an Emergency

Prioritising the actions required on arrival at an emergency or accident and making a plan.

Cardio Pulmonary Resuscitation (CPR)

Deciding when and how to use CPR on a casualty, including children, toddlers and babies.

Dealing with Casualties

How to deal with casualties including:

- Unconscious casualties
- Shock
- Burns and scalds
- Major blood loss
- Musculo-skeletal injuries
- Choking
- Heart attack and stroke
- Eye injury
- Diabetes
- Asthma
- Fitting/Epilepsy

HEALTH & SAFETY TRAINING THAT WORKS FOR YOUR BUSINESS.

First Aid At Work Training is HSE approved and is designed to provide comprehensive first aid training for the workplace.

This training is more in depth than emergency first aid (Appointed Person) and provides the knowledge, skills and confidence for people to deal with casualties in an emergency and take the actions required to achieve the best outcome for the casualty.

Who Should Attend?

Anyone who may be required to provide first aid in the workplace and particularly for those in organisations with over 50 employees.

Duration and Approach

The duration of the training is 4 days and includes a mix of theory and practical sessions to create an engaging and interesting learning experience.

Assessment and Certification

There is a theory assessment and practical assessment at the end of the training and successful delegates will be awarded a certificate valid for three years.

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