

People Moving/ Manual Handling Train-the-Trainer & Assessor Course



Overview

Manual handling in general accounts for a large number of injuries each year. People- moving is the manual handling of people, which has the potential to injure both the person being moved as well as the person or persons doing the moving.

As with many things best practice has changed the way we do things, but with people moving a significant amount of bad practice still exists. The bad practice is still used for two main reasons; it was the way many people had been trained in the past – then as best practice and; because in some quarters speed or productively remains more important than safety.

Skills Gained

Three main skills are covered: the task of people moving/ manual handling, the training skills needed to deliver the training and skills in terms of assessing a people moving/ manual handling activity.

Intended Audience

Trainers and managers in the healthcare sector such as; care homes, nursing homes, residential and respite homes, rehabilitation centres and learning difficulty centres. Also care in the community such as domiciliary agencies.

This course would also be useful for anyone dealing with the moving the human body from the point of view of preventing injury to the mover or client. This could include undertakers etc.

Course Details

In terms of manual handling/ people moving the course is broken down into two main elements – theoretical and practical.

The theoretical side looks at the legal aspects, including HASAWA, the Manual Handling Regulations, individual responsibilities, and the potential implications. The theoretical side also looks at the correct lifting techniques, and bad practice, and safe use of hoist.

The practical side includes the use of slides sheets, handling belt, sling, turn-table, moving people up/ down the bed, assisting a people to/from the seated position, as well as getting someone off the floor using a sling etc.

Assessment

Assessment on this course is done by test paper as well as continuous assessment.

Pre-Requisites

None

Course Material

The trainers pack is included which comprises a trainer's manual, CD which includes the PowerPoint presentation that is used through the course, handouts, test papers (with answers!), certificate masters etc. The pack also includes 3 DVDs.

Course Award

This course is accredited via the NCFE which allows the successful delegate to deliver a course of their own to NVQ level 2 standard.

Course Format

This is a two day course which starts on the first day with registration at 9:30am and is expected to finish around 4:30pm, with lunch and refreshments (included in the price of an open course). Day two, in which most of the practical element is contained, follows the same pattern as day one.

This course is also available in-house and direct to carer.

Suggested Follow Up

Depending upon the delegates experience and role there are a range of healthcare train-the-trainer courses that may be of interest such as; Health & Safety (a good one to have as it covers in greater depth the legal aspects and responsibilities, as well as spending more time on the trainer elements – excellent for staff new to the management or training roles).

Additionally we also run 4 day IOSH Managing Safely course which is particularly useful for new managers or team leaders etc.

Special Instructions

Due to the practical element of the course on day 2, we respectfully recommend that our lady delegates wear trousers.

Extended Support

Following the course, if you have any queries, just ask!

Our support doesn't stop when you go out the door!

Cancellation Policy

More than 15 days notice - no payment due/ or full refund. Between 8-15 days from the start of course - 50% of the full payment is due, this would be waived if a confirmed transfer to another course is received.

Less than 8 days from the start of a course - full payment is due

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