

## *course objectives*

At the end of the course the delegate will be able to:

- Assess emergency situations and carry out appropriate action including informing emergency services.
- Carry out artificial ventilations & chest compressions on infants, children & adults.
- Clear obstructed airways in infants, children & adults.
- Control severe bleeding.
- Recognise a range of childhood illnesses & deal with appropriately.
- Deal with burns & scalds.
- Understand the requirements of a first aid kit.
- Be able to report incidents & accidents in accordance with the PSLA/NCMA guidelines.
- Understand the principles of good practice in the administration of medicine to children.

## *who is the course for?*

This course is for any one who has the responsibility for looking after children in a professional capacity, i.e. childminders, pre-school staff, au pairs etc.

## *duration / format / assessment*

This 12 hour course usually runs over 2 Saturdays, it can be run over 2 week days if required.

## *instructor / trainee ratio*

**Max 1:12**

## *awarding body / certification*

Cognet Limited - Accepted by OFSTED approved by Paediatric First Aid Association

## *course content*

- Assessing the casualty (all ages) & situation
- The unconscious casualty all ages
- Choking all ages
- Resuscitation all ages
- Shock (including bleeding, anaphylaxis, diabetes, sickle cell anaemia, Burns Fractures)
- Head injuries including spinal and neck injuries
- Dealing with foreign bodies
- Management of poisoning
- Extremes of temperature
- Seizures including epilepsy and febrile convulsions
- Asthma
- Meningitis and other sudden illness
- Open forum

## *course requirements / notes*

## *further information / contact us*

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Billingsley  
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## ***training timetable***

<b>Day 1</b>	<b>Day 2</b>
Registration, Intro, health & safety	Revision of day 1
The roles and responsibilities of the first aider: Working environment, needs of small children, record keeping, accident reporting, personal hygiene, infection control and cleaning	Meningitis
The First Aid Kit: Contents and storage	Burns, scalds and electric shock
Minor wounds and adhesive dressings.	Extremes of temperature
Minor injuries, nose bleeds, teeth knocked out, foreign bodies in eyes, ears, noses, eye irrigation	Poisoning
Giving medication consents, recording	Sickle Cell
Causes and care of the unconscious casualty	Diabetes
Head injuries	Anatomy & physiology of respiratory system. Asphyxia
Seizures, epilepsy and febrile convulsions	Asthma
Anatomy & physiology of circulatory system and arterial bleeding	Choking
Penetrating wounds, amputations, foreign bodies, fractures	CPR demonstration & instruction
Shock	CPR Practical
Anaphylactic Shock	Course review
Review of the day	

## ***pre-course reading***

None

## ***awarding body contact details***

Cognet Limited  
Details overleaf