First Aid at Work

edify training
First Aid & Medical

Course Number
SC0101

Validity
3 Years

Duration
3 Days

Formal Assessment
Yes



The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to enable first aid to be given to employees if they are injured or become ill at work.

This course follows HSE criteria and after passing formal assessment on day three, delegates will be certified as First Aiders.

Introduction

- Introduction and course overview

Course Programme

- First Aid
- Resuscitation
- Unconsciousness
- Airway & breathing problems
- Circulation problems
- Wounds & bleeding
- Burns & scalds
- Injuries to bones, muscles, & joints
- Effects of heat & cold
- The digestive system
- Diabetes, epilepsy, febrile convulsions
- Poisoning
- Health & safety
- Reporting of incidents
- Formal assessments
- Course evaluation



"People at work can suffer injury or sudden illness. It is important that employers have made arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work."
- HSE

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