



Hidden Resources
DEVELOPING MINDS

Meet the Team...

Henrie Lidiard and Ann Slack deliver our public NLP programmes. Henrie and Ann have worked together for many years continuously developing their training.



Dr Henrie Lidiard is one of only a few NLP Master Trainers in the world. We are especially proud that she works with us and leads all of our certified NLP trainings. Henrie's trainings are characterised by enthusiasm, warmth, flexibility and phenomenal subject knowledge.

Henrie began her career as a successful research scientist studying complex natural systems. Whilst managing interdisciplinary research projects she became interested in ways of enhancing creativity and enabling individual and collaborative achievement. She stepped out of the academic system in 1997 and into to a blue chip environment to gain experience in business. Henrie has more than 10 years experience in delivering INLPTA accredited courses within the private, public and voluntary sectors, and in 2004 she qualified as one of only a handful of INLPTA's master trainers in the UK. She has been developing and innovating in the field of NLP for many years and has co-trained with Wyatt Woodsmall the founder of INLPTA on more than 10 INLPTA Trainers trainings internationally. She is certified in Advanced Behavioural Modelling™ and has modelled the skills of elite entrepreneurs.

Henrie has been instrumental in developing rigorous independent research on the applications and effects of NLP in the fields of health (palliative care, MRI Radiography), education and in mental health. She is developing her skills all the time and her NLP trainings are supported by her expertise in the Enneagram, Spiral Dynamics, physical approaches to change and Thought Pattern Management. In her spare time, Henrie loves painting and making stained glass and you will often find her walking in the Yorkshire countryside.

Here's what people say about Henrie's training:

"Life changing"

"An inspiration"

"Dr Henrie Lidiard is one of the finest NLP master Trainers in the world. She combines her scientific rigour and precision with an exciting and energizing teaching style. She has also done outstanding work in the public health community and in the field of modelling."

Wyatt Woodsmall co-founder of INLPTA



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Ann Slack has been delivering our NLP training courses for over 10 years. We value her wealth of experience and her ability to make learning enjoyable and fun. She has a relaxed and informal style that allows her to work with groups in a flexible and responsive way.

Ann began her career with a degree in Mathematics and Philosophy and later obtained a masters degree in Philosophy. Her appreciation of the value of thinking skills led her to develop courses in Clear Thinking, which she taught in adult education classes for fourteen years. Drawing on her experience of work in alcoholism treatment and social services, Ann continued to develop these courses, combining personal development and interpersonal skills with rigorous critical thinking.

Building on this understanding, she designed and delivered innovative and successful courses for people with mental health problems. As she developed her interest in NLP, she was able to integrate these skills into the courses. Often teaching people with little formal education and low levels of confidence, Ann was able to communicate these ideas effectively so that students could use them to improve their confidence, their interpersonal skills and draw on a variety of strategies to improve their mental health and well being.

As part of these courses, Ann was given time to work with students individually on more personal and challenging issues. As a result of her work in this area and in her private practice, she has considerable experience of using NLP to help people to deal with difficulties and to make long-lasting and worthwhile changes. Having witnessed the profound changes that people have achieved using NLP, Ann is committed to making these skills more widely available. A credible research base is essential to make this possible. She has been delighted to be involved in several research projects. This has included the Health and Mental Health projects mentioned above and a project on the value of NLP training in the voluntary sector.

Ann has provided NLP training courses to many varied groups. These have included health service professionals, people with mental health problems, local community groups and oil company engineers in Abu Dhabi. This extensive experience informs her work on the trainings, enabling our course participants to develop the confidence and skill to use NLP effectively and to make a profound difference in the world.

Here's what people say about Ann:

'Calm, joyful and wise'

'Thoughtful, caring, strong, consistent, able and patient.'

'A wonderful model of training and also of a love of life and fun and laughter.'



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Suzanne and Geoff co-own Hidden Resources with one of the original founders John Lavan. Either of us would be delighted to speak further about our NLP courses or any of the many other ways we can help you, your team or your business develop and become even more effective.



Suzanne Wade is an intuitive and skilled communicator. She believes that past performance is not necessarily an indicator of future potential. She has found that when people creatively use feedback from their life experiences and discover different ways of thinking, the *“doing what you have always done, getting what you have always got”* habit transforms into an *“if what I'm doing now isn't working, doing something different will”* attitude.

After a 25 year career in banking, Suzanne escaped using her NLP parachute to start a new career as a facilitator and personal coach. She motivates others to improve their skills by helping them to highlight their development areas, to discard their limiting beliefs and to develop the skills they need to become the best they can. Suzanne has been an INLPTA accredited trainer since 1999 and is also qualified to teach Brain Gym®, Optimal Brain Organisation, Visioncircles and Touch for Health. She is currently serving as a Board member for 'Brain Gym® UK' and training with Charles Krebs to become a Learning Enhancement Acupressure Programme Practitioner. Suzanne is accredited to deliver the Springboard™, Spring Forward®, Fresh Steps and Superworking® programmes and is an expert on metaprogrammes (being one of the first people in the UK to become licensed to use the Thinking Styles® instrument). She has developed many successful personal development courses and combines wide ranging skills and expertise with a warm and approachable personality. This enables her to facilitate profound and lasting change.

Geoff Roberts focuses on helping people create successful change in themselves, their teams and their organisations. Clients describe Geoff as being challenging, open-minded, creative, thoughtful, passionate, generous, straight-talking, friendly...

Starting his career as an analytical chemist, he moved to the water industry, where he became head of the company's quality regulatory efforts, specifically, Environmental Affairs and Health and Safety. During this time he developed his skills in organisational change and development. Geoff facilitated most and co-designed some of the major interventions that transformed the culture and performance of the organisation over a 15 year period. He now draws on that expertise in personal, team and organisational change to help improve personal and organisational performance. He does this by focusing primarily on how people need to change in order to facilitate wider change in the systems of which they are part - be they at home or work. Geoff has designed and delivered numerous coaching, team development, manager and leader training programmes as well as facilitating major organisational change.

