



Neuro Linguistic Programming – Practitioner Training

Neuro: the way we think
Linguistic: the way we speak
Programming: the way we behave

It is often said that in business today the one constant is change. Change affects businesses as a whole, directorates/departments, teams and the individuals that work in organisations. The ability to deal with, and even promote, change at various levels is therefore a sustainable advantage.

In this fast changing world you need employees who:-

- know what you and they want to achieve
- can communicate those needs effectively
- have the ability to recognise when they are on course and when they need to make corrections
- have developed the flexibility to change direction in response to feedback and changing external circumstances
- can work to their own high standards and initiatives and contribute creatively as part of a wider team
- know how to quickly develop productive and easy working relationships
- can maintain a peak performance state even when under pressure
- can take their learning and translate it into effective action

NLP can help your employees develop all these skills and more by providing ways to deliver successful change both within their own lives and in your organisation. People gain from using ways to communicate modelled from naturally excellent communicators. They learn powerful ways to achieve their personal and professional goals and they become personally accountable for their own state, thinking and actions. It provides frameworks to map the typical behaviours they exhibit, identify changes which may make their own 'programmes' run more effectively and teaches techniques to install the new approaches. They learn to identify strategies that other people use to be effective and to analyse how they achieve their goals so that they can add them to their own toolkit, and so achieve the same results.

People trained in NLP principles and techniques become personally accountable for their own thinking, state and actions. They begin to develop the organisation around them by influencing individuals, teams and groups more effectively. They start to make a difference.....