

# LONDON *Therapists*

## Beauty Therapy Diploma Courses

England and Wales Prospectus





**If you're passionate about helping people look and feel fabulous, beauty therapy will be a fulfilling career choice. We offer a fantastic range of the most popular beauty diploma training courses for both beginners and experienced beauty therapists.**

Beauty careers also offer flexibility, and you can work in a salon, open your own business or focus on a specific skill. Becoming a beauty therapist is a commitment, and it takes time to find your niche in the industry. You will need to develop advanced skills and build a clientele to establish yourself, and booking onto one of our popular beauty training courses is a great way to start. Since the field of beauty therapy is constantly evolving, passion and persistence are also key ingredients. You will need to continue learning and developing new skills throughout your career, and as you become more experienced your client base will grow. You'll be able to offer more services, increase your fees and move to a more prestigious salon, take on a management role or open your own salon.

**We update courses and availability on a regular basis. For a complete list of current courses, fees, dates and venues please visit our website at [www.london-therapists.com](http://www.london-therapists.com)**

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### **1-Day Waxing Diploma Course ~ £245**

A quick and expert waxing therapist will always be highly in demand, and depilation waxing is one of the most popular and lucrative salon treatments for which clients return every four to six weeks.

Our 1-Day Waxing Diploma course syllabus covers all areas of face and body waxing, including leg waxing, bikini waxing, underarms, facial hair, and eyebrow wax.

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required
- Consultation procedures
- Contraindications to treatment
- Waxing of legs, underarms, bikini line, eyebrows and face
- Aftercare

Duration: One Day

Entry requirements: None

Accreditation: Beauty Guild and IPTI

CPD Points: 10

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### **Half-Day Brazilian Waxing Diploma Course ~ £95**

Our advanced half-day Bikini Waxing Diploma course will give you the confidence to provide this sought-after professional treatment to your clients. This course also covers Hollywood Bikini Waxing.

Duration: Half day

Entry requirement: Waxing Diploma

Accreditation: Beauty Guild and IPTI

CPD Points: 5



### **1-Day Nail Art Diploma Course ~ £95**

Manicure and pedicure treatments are one of the most basic beauty routines and one of the most popular with clients. The application of nail art takes this treatment one stage further and allows both the therapist's imagination and the personality of the client to be expressed.

Nail art techniques are very versatile as they can be performed on natural nails or nail extensions. So even if therapists do not wish to apply extensions, they are still able to perform a nail art treatment for their clients. The application of nail art can be quite time consuming so it is often priced per nail, particularly if the design is a complex one. It is also fashionable to have only one nail on each finger designed, or possibly a simplified version on the remaining fingers. It is important to cost out the treatment to ensure sufficient time is allowed. Clients also return on a regular basis for repairs and other designs so you can be certain of regular clientele.

It is a particularly popular treatment for brides who wish to match nails to their dress by application of rhinestones or pearls. Pamper parties, Princess parties (young girls) and Proms are also ideal for nail art techniques. It does not take long for a therapist to build a reputation and a loyal following as everyone loves nail art!

On our popular 1-day Nail Art Diploma course application is covered in detail, with lots of demonstrations and time to express your own creative ideas. At the end of the nail art course you will have nail templates of your own work to take home to use for marketing and demonstration purposes in your own therapy practice.

What's included:

- Nail Art application
- Client consultation process
- Aftercare
- Product selection
- Insurance Information
- Data Protection
- Relevant Anatomy and Physiology

Entry Requirements: None

Accreditation: Beauty Guild and Holistic Guild

CPD points: 11

Venue: This course runs in St Albans, Hertfordshire



### **1-Day Semi-Permanent Eyelash Extension Diploma Course ~ £235**

These new semi permanent eyelash extensions are taking the market by storm, and last up to two months. Semi permanent extensions are an exciting and innovative lash product that produces thicker, longer and more abundant looking eyelashes.

They are designed to thicken and lengthen the client's natural eyelashes, and are nothing like traditional false eyelashes which are produced in clumps of 5 or 6 and stuck to the client's eyelashes with self adhesive, lasting for just a couple of days. Our 1-day Eyelash Extension Diploma course will pay for itself in no time. This treatment is incredibly in demand and is an excellent way of increasing your profits, as you can charge between £85 - £150 per set.

Semi-Permanent Eyelash Extension Diploma Course Benefits:

- Long lasting - up to 2 months
- Lashes look 100% natural
- Comfortable and natural like own lashes
- Add volume and length to lashes
- Great for everyday wear and whilst exercising

- Waterproof and weatherproof
- Eliminates the need for eyelash curlers
- No mascara or lash tinting needed
- 3 levels of look: Natural, Enhancement and Dramatic
- Customised to client's look

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contra-indications to treatment
- Eyelash Extensions technique
- Aftercare

**Duration:** One day

**Entry requirements:** NVQ Level 2 or equivalent qualification

**Accreditation:** Beauty Guild and IPTI

**CPD Points:** 8

**Kits:** Please note that at our Catford, London venue ONLY we can provide a kit for you to buy on the day. These cost £200 and will cover approximately 300 client treatments, so are very cost effective. The kit includes:

- Undereye pads
- 1 pair of tweezers
- 1 pair of straight tweezers
- 1 pair of curved tweezers
- 5 pots of lashes in different size and curls (approx 5000 each)
- 1 Diamond glue stone
- 10ml adhesive
- 15ml glue removal gel
- Microbrushes
- Mascara brushes
- 1 air blower
- Microtape
- Presentable kit box



### **Half-Day Eyelash Perming Diploma Course ~ £125**

Book onto our half-day Eyelash Perming Diploma course and add this popular, safe and insurable treatment to your repertoire. The eyelashes are adhered to a mini roller and a mild perming product is used to curl them, which opens up the eye and makes the lashes look longer. Clients with straight eyelashes can now benefit from a semi-permanent lift that lasts for up to three months, and gives the same effect as eyelash curlers. This service can also be offered before an eyelash tint.

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contra-indications to treatment
- Eyelash Perming technique

- Aftercare

Duration: Half-day  
Entry requirements: None  
Accreditation: Beauty Guild and IPTI  
CPD Points: 7

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### **Half-Day Eyelash Tinting and Eyebrow Shaping Diploma Course ~ £125**

On our half-day Eyelash Tinting and Eyebrow Shaping Diploma course you'll learn the techniques required to offer safe eyelash and eyebrow tints and eyebrow shaping treatments.

These are particularly popular with waxing clients as they need to be repeated every six weeks and can be given during the same appointment. They can also easily be incorporated into other treatments, i.e. lashes can be tinted while soaking off nail extensions, or eyebrows shaped during a facial.

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contraindications to treatment
- Tinting of lashes and brows eyebrow shaping
- Aftercare
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Duration: Half day  
Entry requirements: None  
Accreditation: Beauty Guild and IPTI  
CPD Points: 7

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### **1-Day Make-up Diploma Course ~ £195**

Discover the fabulous art of make-up for any occasion. On our 1-day Make-up Diploma course you'll learn to use professional techniques for commercial application within the beauty industry.

Our Make-up Diploma course curriculum includes day, evening and special occasion make-up as well as techniques for colour correction, shading, highlighting and the use of false eyelashes. This is an ideal service to include in bridal packages, and is perfect for the client who needs an image makeover or has no idea what suits her and is tired of making expensive mistakes.

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contra indications to treatment
- Cleansing, toning and moisturising
- Day and evening make up including corrective techniques.
- Application of individual and strip lashes
- Aftercare

Duration: One Day  
Entry requirements: None  
Accreditation: Beauty Guild and IPTI  
CPD Points: 7

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### **1-Day Facial Treatments Diploma Course ~ £325**

Our 1-day Facial Treatments Diploma course is an excellent foundation for our other beauty training courses. Learn how to provide expert facials and diagnose and treat different skin types and conditions.

You'll also be taught how to give an effective face, neck and shoulder massage, use a facial steamer, deep cleanse the skin and mix and apply your own face mask formulae for different skin types. Facials are an essential skill for any beauty therapist, and are not only very relaxing but also extremely beneficial in maintaining the health and appearance of the skin. Most skincare suppliers will require a diploma in facial treatments before they will supply you with their products.

#### **What's included:**

- Hygiene health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contra-indications to treatment
- Skin diagnosis
- Cleansing, toning and moisturising
- Exfoliation
- Extractions
- Massage movements
- Face masks: setting and non-setting
- Aftercare

Duration: One Day

Entry requirements: None

Accreditation: Beauty Guild

CPD Points: 8

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### **1-Day Manicure and Pedicure Diploma Course ~ £245**

Learn the art of manicure and pedicure, and how to recognise disorders of the nails, hands and feet. Our comprehensive 1-day Manicure and Pedicure Diploma course will also teach you how to give a wonderfully relaxing hand, arm, foot and leg massage, and how to provide an expert French manicure, paraffin wax and hot oil treatment.

A first class manicure or pedicure with proper cuticle work, relaxing massage and expert polishing will have your clients returning again and again.

#### **What's included:**

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contraindications to treatment
- Manicure treatment, including hand and arm massage.
- Pedicure treatment, including foot and leg massage.
- French and coloured varnishing.
- Aftercare

Duration: One Day

Entry requirements: None

Accreditation: Beauty Guild

CPD Points: 14

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### **1-Day Spray-Tanning Diploma Course ~ £125**

Cosmetic tanning has become an essential service in many salons, and with increasing awareness of the dangers of sun-beds and sun-bathing this treatment is now in high demand.

After attending our 1-day Spray-Tanning Diploma course you can offer clients a natural looking, all over tan which lasts approximately a week and can be topped-up regularly.

What's included:

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required on the course
- Consultation procedures
- Contraindications to treatment
- Exfoliation and tanning (face and body)
- Aftercare

Duration: One Day

Entry requirements: None

Accreditation: Beauty Guild and IPTI

CPD Points: 7

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### **Exclusive! Half-Day Galvanic Spa II Anti-Ageing Facial Diploma Course ~ £95**

Our exclusive half-day Galvanic Spa II Diploma course has been especially written and developed to give therapists the best possible knowledge of this exciting and innovative addition to the beauty world.

The Galvanic Spa II is the latest anti-ageing technology to come from the USA. The Galvanic Spa stimulates, tightens and tones the skin using a low level galvanic current which facilitates the transport of key ingredients into the skin and improving its cleansing, hydration, circulation and radiance immediately.

A Galvanic Spa treatment is becoming the must-have among clients who wish to dramatically improve their appearance. It can be used on the face and also on the arms, stomach and thighs to combat the effect of cellulite. It can also be used on the hair to assist in its condition and some research has shown its use to reverse hair loss in some cases.

A Galvanic Spa treatment is a wonderful treatment to incorporate into a therapists' array of treatments. It is particularly effective when used 24 hours before other rejuvenating treatments such as facial massage and CACI treatments. It has been clinically proven that the efficacy of any skin treatment is improved by 70% in the 24 hours following a Galvanic Spa treatment.

#### **Galvanic Spa II Diploma Course content:**

- Hygiene, health and safety
- Relevant anatomy and physiology
- Products and equipment required
- Consultation procedures
- Contra-indications to treatment
- Detailed product information
- Anti-ageing technology and the effects on the skin
- Cellulite and hair rejuvenation
- Cleansing, toning and moisturizing
- Client aftercare

Duration: Half-day

Entry requirements: Interest in facial and beauty therapy.

Accreditation: Beauty Guild and The Holistic Guild

Continuous Professional Development: This course has been awarded 5 CPD points.



**Beauty Pro Package ~ 9 Beauty Diploma Courses for £1,425 - Save £250!**

Our Beauty Pro Diploma course package includes all of our must-have beauty training courses, worth combined fees of £1,675. Fast-track your way into a lucrative new career as a beauty therapist and save £250 on individual course costs.

What's included:

- [Waxing Diploma Course](#)
- [Brazilian Waxing Diploma Course](#)
- [Spray-Tanning Diploma Course](#)
- [Semi-Permanent Eyelash Extensions Diploma Course](#)
- [Eyelash Perming Diploma Course](#)
- [Eyelash Tinting and Eyebrow Shaping Diploma Course](#)
- [Make-up Diploma Course](#)
- [Manicure and Pedicure Diploma Course](#)
- [Facial Treatments Diploma Course](#)