



Beauty & Aromatherapy Bundle



Course Code: LNOS6

Enrolment Fee ~~£1028.00~~

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Enrol today and pay

Format: Paper

only £624.00

Award: Level 2 & 3

Accreditation: NCFE

Study Time: 160 Hours

Experience: No Entry Requirements

A Distance Learning Course is the ideal way to gain a qualification without having the worry of trying to fit your studies around your everyday life. You can complete your studies in your own time and we are on hand seven days a week to help you plan your future.

Course Description

If you want to develop your knowledge of Beauty and Aromatherapy so that you can embark on a new career or you are already working in a related field and want to improve your career prospects, then this is the course for you.

Aromatherapy is the therapeutic use of plant-derived, aromatic essential oils to promote physical and psychological well-being. It is sometimes used in combination with massage and other therapeutic techniques as part of a holistic treatment approach.

Beauty Therapists who can also offer aromatherapy treatments will greatly benefit from having a wider portfolio of skills when seeking employment. It will also give you that competitive edge if you are looking at starting your own business.

The Distance Learning **Beauty and Aromatherapy Bundle course** will cover all that you need to know to get started in this lucrative business putting you ahead of your competitors.

Previous Knowledge Required

You do not need any prior learning knowledge or experience to take this course. This course is openly available to anyone who wishes to take part in a highly rewarding home study course, although you would be expected to have a reasonable standard of literacy.

You have the freedom to start the course at any time and continue your studies at your own pace for a period of up to 12 months from initial registration with the full support of your Tutor.

Support

You will receive the entire package of course materials in a single dispatch together with dedicated Tutor Support for 12 months. All assignments are marked by one of our professional Tutors who will offer regular feedback and guide you through your course.

You will be provided with the telephone number for your dedicated Student Support Team who will be available for any other queries that you may have whilst completing your course. You can be assured that you will receive unlimited support for your home study course, so there is no need to struggle or feel isolated during your studies.

Assessment

You must successfully complete a series of activities and assessments. Once all assessments and activities have been completed satisfactorily, you will then be awarded your certificate. The good news is, there is no final exam.

Modules

Course Content – Beauty Therapy Level 2

Unit 1: Health and Safety

- Employers' and employees' duties
- Legal responsibilities
- Health and safety at your place of work
- The law
- Risk assessment
- First aid
- Fire protection
- COSHH
- Manual handling
- Data protection
- Security procedures

Unit 2: Developing and Maintaining Effectiveness at Work

- Your job role
- Salon timings
- Working with others
- Dealing with conflict
- Continual professional development (CPD)

Unit 3: Promoting Additional Services and Products to Clients

- Quality assurance
- Improving sales

Unit 4: Fulfilling Reception Duties

- Maintaining the reception area
- Equipment
- Client enquiries
- Making appointments
- Handling payments

Unit 5: Facial Skin Care Treatments

- Contraindications
- Consultation
- Cleansing
- Routine
- The skin
- Skin types
- Epidermis
- Dermis
- Bones of the face and head
- Massage
- Muscles of the neck and face
- The cardiovascular system
- The lymphatic system
- The nervous system
- Aftercare

Unit 6: Manicure and Pedicure Services

- Anatomy of the hands and feet
- The nail
- Contraindications

- Nail shapes
- Filing and polishing
- Products and equipment
- Manicure procedure
- Hand massage
- Pedicure procedure
- Bones of the arm and leg
- Specialised treatments

Unit 7: Eyelashes and Eyebrows

- Contraindications
- Eyebrow shaping
- Equipment
- Consultation
- Procedure for eyebrow shaping
- Eyelash/eyebrow tinting
- Skin tests
- Eyelash tint procedure
- Eyebrow tint procedure
- False lashes and application

Unit 8: Waxing Service

- Benefits of waxing
- Safety
- Structure of the hair
- Hair removal
- Contraindications
- Consultation
- Hair growth patterns
- Warm wax application
- Hot wax application
- Sugaring
- Waxing troubleshooting

Unit 9: Make up Services

- History of make up
- Consultation
- Equipment
- Preparing the skin
- Application of make up

Course Content – Aromatherapy Level 3

Unit 1: Introduction to Aromatherapy

- The history, philosophy and role of aromatherapy.
- Introduction to aromatherapeutic terminology.
- Methods of extraction and sourcing of essences and oils.

Unit 2: Anatomy

- The physiological and psychological effects of aromatherapy massage.
- The benefits of aromatherapy on different body systems.
- Understanding how essential oils are absorbed by the body.

Unit 3: Safety

- Recognising contra-actions that may result from treatment.
- Understanding cautions that may restrict or prevent treatment.
- The importance of working safely with aromatherapy oils.

Unit 4: Blending

- Understanding chemical constituents of essences.
- Dilution and blending techniques.
- The uses, applications and origins of essences, fixed carrier oils and other media.

Unit 5: The treatment

- Consultation techniques.
- Conducting professional aromatherapeutic treatments.
- The characteristics of an appropriate consultation.
- Aromatherapy techniques used in conjunction with reflexology treatments.
- Professional codes of conduct.

Unit 6: Aftercare and reflection

- The effectiveness and results of aromatherapeutic treatments.
- Reflective practice and its relevance to the aromatherapist.
- The importance and role of maintaining treatment records.

Awarding Organisation

At the end of this course successful learners will receive a level 2 & 3 NCFE Award certificate of achievement. That means that it is independently accredited at a level of learning equivalent to level 2 & 3 on The Qualifications and Credit Framework (QCF) for England, Wales and Northern Ireland (where level 2 and 3 courses are similar in difficulty to GCSEs and A Levels, respectively, and where level 4 courses are slightly more challenging than an A-level).

The training courses have been designed specifically to meet the needs of learners who prefer to study from home. The course measurable learning outcomes have been benchmarked at Level 2 & 3 (using Ofqual's QCF level descriptors) to allow you to consider the depth of study, difficulty, and level of achievement involved. This course has been accredited under NCFE IIQ Licence by Open Study College which has been approved as an NCFE Investing in Quality (IIQ) centre to give formal recognition to courses.

NCFE is recognised as an Awarding Organisation by the qualification regulators for England, Wales, and Northern Ireland. These are Ofqual (the Office of the Qualifications and Examinations Regulator in England); the Welsh Government and CCEA (the Council for Curriculum, Examinations and Assessment) in Northern Ireland.



Post your completed form to:
Learn Now
Hillhead House
Dartmouth Road
Kingswear
TQ5 0EX

Enrolment/Instalment Agreement Form



Email: enrolments@learnnow.org.uk

Fax: 08435 240 521

Student Details

Title	First Name	Last Name
Home Tel. No.	Mobile No.	Date of Birth
Email Address		
Billing Address – Please provide address card is registered at		
Postcode		
Delivery Address (if different from above)		
Postcode		
Course Name	Course Code	
Will you be paying in full or by instalments (Please tick ✓) Payment in Full ☐ Instalments ☐		
If paying by instalments, please choose method (Please tick ✓) Credit/Debit Card ☐ Paypal ☐		
N.B. Not available to International Students		
Deposit £	Monthly Instalment £	Term of Instalments
UK Delivery - Free ☐	Delivery to Europe - £40.00 ☐	Delivery to Rest of the World - £65.00 ☐
Payment method for payment in full (Please tick ✓) Credit/Debit Card ☐ Paypal ☐ Cheque ☐		
<i>For payment by credit/debit card, complete card details below. If you wish to pay by paypal, you will be sent a link by email to make payment. If you wish to pay by cheque, please attach cheque to this form. Cheques should be made payable to Learn Now</i>		
Payment method for payment by instalment plan (Please tick ✓) Credit/Debit Card ☐ Paypal ☐		
<i>For payment by credit/debit card, complete card details below. If you wish to pay by paypal, you will be sent an automated link by email to set up your payment schedule.</i>		

Credit/Debit Card Details		
Card Number (16 Digits)		Card Type (e.g. Visa, Maestro etc.)
Valid From Date	Expiry Date	Security No. (CSC) – 3 Digits
Issue No.	Please confirm the amount to be taken £	If instalment plan option chosen, initial deposit taken immediately, then first instalment will be taken 30 days following despatch of course and monthly thereafter.
Name as it appears on card (Please Print)		
Address Card is registered at, if different from above		
Postcode		
I the credit/debit cardholder authorise Learn Now to take payments as indicated above from my credit/debit card. I the student agree to the general terms and conditions of enrolment and the conditions of monthly payments set out in this agreement, if relevant. For full terms and conditions see http://www.learnnow.org.uk/termsconditions.html		
Signature of Cardholder		Date
Signature of Student		Date

Please return the completed and signed agreement to us using one of the following methods:

By Post to:
Learn Now
Hillhead House
Dartmouth Road
Kingswear
TQ5 0EX

By Email: enrolments@learnnow.org.uk

By Fax: +44 (0) 8435 240 521

On receipt of your completed agreement, we will aim to despatch your course within 48 hours. If you choose to pay by instalments, confirmation of your payment dates will be forwarded to you by email.

We look forward to welcoming you to Learn Now and will ensure you receive all the support and guidance you need to succeed in your chosen subject.

Should you have any queries concerning this form, please feel free to Contact our Student Advisors on 01392 581038.