



We offer bespoke mentoring courses in a blended learning format
Delivered by tutors with proven track records
in a wide range of learning formats.

For full details of our ever-growing range of programmes
simply browse our website to find the right training
and development solutions for you and your team.

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Glenys Bridges CMIPD, RDN, Dip DPM.



Glenys is an established dental trainer and business consultant with more than 20 years' experience in training and development. She specialises in enabling practice teams to maximise the benefits of their CQC compliance measures. Her qualifications include management, teaching, counselling and life coaching. Glenys has developed all of our quality assured qualifications

Glenys is a twice published author on dental practice management and a contributor to Messages from Dental Masters 2. She has lectured on a range of management and regulatory topics for deaneries around the UK and to Masters Students at UCL. She has developed and delivered five BTEC qualifications for practices managers and administrators in the UK and developed training programmes for practices across Australia.

Why choose one of my Quality Assured Training Programmes?

My programmes are designed for dental professionals with busy lifestyles. They put you in control of the pace of your learning and are quality assured through Innovate Awarding's Quality Endorsement Scheme.

Innovate Awarding is an Ofqual regulated awarding organisation. Their aim is to provide fit for purpose vocational qualifications.

Glenys Bridges is an established practice management consultant, coach and trainer with more than 20 years experience of working with dental teams. Her training programmes have been developed in response to feedback from generations of students, with the specific aim of providing relevant, structured training programmes, using flexible blended teaching and learning techniques.

After enrolling on to one of our wide range of courses, Glenys will contact you to develop your individual learning plan. Most students opt for a weekly 30min tutorial by phone, Factime or Skype. Learning begins with directed reading and research, leading to the completion of learning activities directly linked to your course assignments

We offer a range of programmes on a home learning basis and also provide in house training for dental teams.

Here's what some of our students say about the courses:

"A great course, the information was concise and easy to follow."

"Everything was very well explained."

"This course has made me feel like I understand the work of the practice and am part of the team."

Level 3- Introduction to Mentoring and Coaching Skills £90.00

18 Study hours

The requirements placed on dental professionals for consistent quality improvements have lead to the need for a new approach to staff development.

Mentoring is a well established and beneficial approach to personal development across the healthcare sector. This programme has been developed to ensure that the knowledge and skills of senior staff are cascaded to their new and less experienced colleagues.

This course aims -To enable participants to develop their knowledge, skills and mentoring role.

By the end of the course learners will be able to:

- Recognise the benefits of coaching and mentoring for dental teams
- Define the skills and attributes of an excellent mentor
- Understand a range of mentoring activities
- Define requirements for motivating the team with feedback
- Develop ongoing coaching and mentoring programme

Work completed for this short programme can be incorporated into a quality assured mentoring qualification if required

Advanced Mentoring Skills Course £650.00



Duration - up to 8 months- 120 study hours

Delivered in- Blended learning format

Course content covers the strategic and operational aspects of mentoring in dental teams

This programme consists of four units each is delivered over two months, to provide knowledge and understanding of applied peer mentoring skills.

The training is highly specialised and looks at skills and techniques of designing and evaluating mentoring success in the current regulatory climate.

The programme consists of a series of 30 minute one-to-one tutorials to prepare learners for Blended Learning Activities so that they can complete an assignment to place their learning into the context of their day-to-day work.

The assignment measures the participant's' ability to demonstrate the application of mentoring skills

The intention of the course is to provide a means by which practices can cascade learning and best practice to new team members, whilst senior team members develop their knowledge, skills and team role.

Course Content

Unit 1 - Principles of Mentoring

- principles of mentoring
- advantages and disadvantages of mentoring
- benefits from mentoring

Unit 2 -Understanding roles and responsibilities of a mentor

- the role of mentoring within dentistry
- roles and responsibilities of a mentors
- responsibilities of the mentee
- promoting a mentees learning

Unit 3- Preparing and delivering mentoring activities

- principles of planing and preparation for mentoring
- barriers in mentoring and strategies to overcome these barriers
- mentoring styles
- continual improvement and reflective review

Unit 4 - Designing, preparing and delivering a mentoring programme

- planning a programme of mentoring activities
 - design and prepare a programme of mentoring activities
 - delivering the planned programme
 - evaluating ongoing results
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