

# Bach Flower Essence Remedies



## ACCREDITATION

IPHM, IICT & AADP APPROVED

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When students have successfully passed the examination, they are issued with a qualification that is recognised by the above awarding bodies.

Graduates of which will then be eligible to apply to be board certified holistic health practitioners through the above and obtain the necessary insurance if working as a therapist.

**Why study with us?** Luna Holistics is a reputable and professional distance learning training academy with years of experience offering quality course material at affordable prices.

**Entry Level** (pre requisites): None required – self paced - self study

**Career opportunities:** Work self-employed or in a Holistic Centre - if wishing to work as a professional practitioner of bach flower remedies it is recommended you complete an advanced level course.

**Course format:** 9 modules – learning reviews throughout

**Duration:** Self-Paced – Study time Approx 120- hrs

**Support:** Full tutor support offered – Access to student video library

**Qualification:** Accredited Certificate

## Course content:

### Learning Review

Following each part of this course you will be given a list of related questions that will help you to review and consolidate your learning.

**Exam** – On request approx. 25 questions including multiple choice and minimum of one 1000 word case study to be submitted.

Dr. Edward Bach whom after being given only a few months to live went on to live many years and discovered this healing method and found that they had a positive effect and could help everyone from small children, animals and adults by restoring imbalances in emotions from lack of self confidence, mood swings and fear. They can help with sleep problems, fear of failure, overcoming grief and are excellent for the improvement of memory problems and concentration. They work by changing a negative emotion into a positive one. As he believed all illness stemmed from our emotions being out of balance his work to restore this aspect has had a major impact in the healing community by using his remedies.

Flower essence remedies are a holistic approach to treatment that is based on the concept of the perfect unity of all things. The remedies are totally natural medicines made from flowers. The root cause of disease, namely negative and spiritual states that are out of balance, is treated by the power of these remedies to resolve issues in these areas.

This introductory course is designed to assist you in starting to use the remedies for yourself, family and friends. After completing this course you will understand the nature and history of the remedies and be able to select and take the correct remedies.

Part one deals with the history and origins of flower essence remedies and how they work. In part two there is a brief description of each of the remedies and the seven groups they belong to. Part three is dedicated to selecting remedies, dosages and a brief look at how you can help others, animals and plants. Flower essence remedies form a complete system for balancing the emotions and at the end of this course you will be on your way to understanding their power.

## **Part 1**

discuss the nature and history of the remedies, begin to understand how the remedies work and to understand how to select and take the right remedies

lesson 1: Introduction & history of flower remedies

Lesson 2: How the remedies work & the system of medicine with regard to all 38 flower remedies

Lesson 3: Regaining Balance and dealing with emotional baggage. Learn how to restore and balance so that you can begin to discover your own life's path journey.

(learning review)

## **PART 2**

Now that you have become familiar with the system of medicine with regard to flower remedies you will begin to look at the individual remedies.

Lesson 4: The Seven Groups - remedies

Lesson 5: Remedies for insufficient interest in present circumstances

Lesson 6: Remedies for oversensitivity to influences and ideas

(learning review)

## **PART 3**

Choosing a remedy intellectually can be done from knowledge of the person, and their reaction to current circumstances. In part 3 you will learn how to offer the correct remedies, and how to make up a correct Bach remedy.

Lesson 7: selecting the correct remedies & the 3 basic principles

Lesson 8: Taking the remedies

Lesson 9: Helping and assisting others with Remedies

(learning review)

# FREQUENTLY ASKED QUESTIONS

**Do I have to complete an exam?** Exams are optional. If you would like to receive a recognised qualification however then you will need to submit an exam in the subject studied.

**Do I have to submit any essays or case studies in order to pass my exam?** - Yes - The exam board do require you to submit a minimum of one written case study for most of the exams. (you can use a friend or family member to be your case study example) Your exam will have a selection of questions/multiple choice. We recommend that you practice your chosen therapy on family and friends first before offering your services to the public.

**What if I fail my exam?** We will notify you of your results and if you have not passed, you will be given the opportunity to re-submit your exam free of charge. Please note you will be able to read through your examination and take your time, you are in no hurry to complete this and if you have read and understood your course material then we doubt very much that you will have to re-sit. Plus we offer learning reviews throughout your studies which relate to some of your exam questions, providing you work your way through these we see no reason why you should fail.

**How much does my Diploma/Certificate cost?** Your qualification is included in the price of the course and will be sent to you as a pdf attachment ready for you to print off immediately. You will also have the option to have a signed and posted hard copy sent to you. Postal charges will apply if you require this service.

**Can I share my course material with someone else?** We do realise that there may be other members of your family or close friends who also wish to study the same subject. In this case please note that there will only be one exam sent out. Should other members wish to request a separate exam there will be an administration charge of £50 per person and no personal tuition will be available to them. However they will still qualify for their accredited diploma/certificate.

**Can I then practice my therapy legally?** Yes once you have passed any of our accredited courses you may then choose to practice your chosen therapy, however we strongly recommend that you take out adequate insurance if working with the public, and if taking courses that involves massage or hopi ear that you attend a workshop or similar for hands on training before working with the public. Luna studies accept no responsibility for students who may cause injury whilst working with the public after taking any of our courses.

**Worldwide Accreditation - Do you cover my country?** I live in Canada can I still study your courses? We have many Canadian students, Australian as we do European, American and the Far East. It really does not matter where in the world you are based, your course is recognised by three professional holistic accreditation boards two of which are international. iphm (worldwide) IICT ( UK, AUSTRALIA, CANADA, USA, NEW ZEALAND, IRELAND) aadp (USA)

**Studying in the UK** - Luna Holistics Ltd. is a registered training provider with the Government Department of Work and Pensions. You may qualify towards funding for our courses. For more information contact your local job centre. Luna Holistics is on the UK Register of Learning Providers - UKLP Ref No: 10040879

**How do I pay for my course?** You can pay by debit/credit card , PayPal or Bank Transfer or you can request that we send an invoice to your email address and you can pay direct from that. Paypal is free for anyone to set up and is one of the most trusted methods of payment on the internet. Most of our courses can be purchased in separate parts to help you spread the cost. Once your course has been ordered and paid for it should be with you within a few hours ready for you to download and start learning.

**Why are your courses so inexpensive compared to other course providers?** Our course prices are kept as low as possible to encourage more people to enrol and learn about holistic therapy as we feel this is important for all our futures. Please do not make the assumption that because some course providers charge hundreds of pounds more that the content will be superior, we have done our research and know this is not the case. You also have the option of easy payment options.

**Can I get Insurance?** As a qualified student of Luna Holistic Studies Westminster Indemnity & Towergate specialise in Holistic Insurance and are offering all our UK qualified students the option to join them and obtain a free quote.

**How do I access the tutor support?** Should you have any queries regarding your course work whilst you are studying simply email us your questions and your query will be passed on to the relevant tutor. You will receive a response via email within 24hrs. You will also be sent a link to access the student video library when you have enrolled.

**What is the Student Library?** Our student library has been set up especially for you. Here you will find helpful training videos relevant to your chosen course and examples of case studies. You will also find further reading and products plus tips on setting up your own holistic business and links to see some example case studies. You will be sent the direct link for the library with your course files.

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