

Advanced Colour Therapy Diploma



ACCREDITATION

IPHM, IICT & AADP APPROVED

When students have successfully passed the examination, they are issued with a qualification that is recognised by the above awarding bodies.

Graduates of which will then be eligible to apply to be board certified holistic health practitioners through the above and obtain the necessary insurance if working as a therapist.

Why study with us? Luna Holistics is a reputable and professional distance learning training academy with years of experience offering quality course material at affordable prices.

Entry Level (pre requisites): colour therapy basic or diploma level – self paced - self study

Career opportunities: Work self-employed or in a Holistic Centre as a: - Colour Healer – Professional colour therapist – Chromotherapist - Complimentary Practitioner – Holistic Healer

Course format: 9 modules – learning reviews throughout

Duration: Self-Paced – Study time Approx 160- hrs

Support: Full tutor support offered – Access to student video library

Qualification: Advanced Diploma

Course content:

COLOUR THERAPY COURSE DETAILS

Human beings cannot live without colour. It is bound up with light. The cells of all plants, animals and humans are dependent on light and are affected by even the most subtle changes in the qualities of light.

Colour therapy harnesses the energies of light and the colours of the spectrum to help with a wide variety of health problems and permit us to harmonize with our natural rhythms and energies, and to generally rebalance the body.

Colour is magical. It appears to us most stunningly in flowers and sunsets, moonlight and tropical fish. This course aims to introduce you to colour therapy and its applications in order to bring balance and harmony into your life and the lives of others.

In part one the history of colour therapy is explored, followed by some science and theory behind it and finally in this part we look at how colour therapy functions.

In the second part of the course, the subtle bodies of the aura and chakras are examined in depth as they relate to colour therapy. This is followed by an examination of the metaphysical causes of disease.

In the final part of the course techniques and tools for diagnosing illness are presented and then several modalities for treating the ailments or diseases are explained. Finally, a colour contact healing treatment is demonstrated in a step by step format.

Additionally, there is an appendix where there are several tables and charts available for the student to refer to.

Part 1

Lesson 1

history of colour therapy

Astrology and colour

Ancient Atlantis/Egypt/India/China/Greece

Colour from the Middle ages to modern time

Lesson 2

Colour science and theory

Using colour as messages

Light and visible energy

Response to colour (physical, mental, emotional)

Colour and Physiology

Correcting imbalance

Science of colour

colour blindness

Electromagnetic Spectrum

Colour and Wavelength

Full spectrum colour

Light and pigment

Using colour wheel

Lesson 3

How colour healing functions

How colour works

Analysing colour

How colour affects us

Colour behaviour and emotion

Colour and your health

Physical effects of colour

Using colour therapy

colour and the senses

The influence of shape on colour

Part 2

Lesson 4

Colour & the Aura

Energy

The etheric body

Astral or Emotional Body

Mental body

Higher mental body

Causal Body

Bodyless body

Human Aura, patterns and layers

Lesson 5

colour healing and the chakras

Base chakra, Sacral chakra, Solar plexus, charka

Heart chakra, Throat chakra, Brow chakra

Crown chakra

Minor chakras

Lesson 6

Disease and its metaphysical causes

Listening to the body with topics covering:-

Loss of memory, Alzheimer's Disease, Headaches & Migraines, Cataracts, Glaucoma, Ears

Meniere's disease, Ruptured eardrum, The nose, Stiff necks, Laryngitis, Overactive & underactive thyroids, Frozen shoulder, Breast cancer, Heart disease, Asthma, Bronchitis, Stomach issues, Obesity, Liver, Gall bladder, Pancreas, Spleen, Chron's Disease, Kidneys, Bladder issues, Fibroids, Rheumatoid arthritis, Leg cramps

Part 3

Lesson 7

Diagnosis of disease techniques

Colours in the spine

Spine chart

Dowsing the chakras

Interpreting spinal chart

Lesson 8

Colour healing modalities

Healing and spiritual connection

Colour and consciousness exercise

Eye strengthening including chart

Working with pigment colours

Colour healing and clothing

Using coloured scarves

Using colour healing for depression

Defining a person's natural colouring

Colour in the home and office

Use of coloured candles

Healing with colour in food

How to make chakra drinks

Working with coloured light

How to use Coloured lamps

Using colour for Distant or absent healing

Crystals in colour therapy

Using colour liquids including:-

Lunarizing tablets, Solarizing liquids, Colour Contact Healing Treatment, Breathing Technique, Colour Breathing, Visualization Meditation, Colour Visualization

Lesson 9

Colour contact healing treatment & preparation

Clearing the Aura - step by step guide

Contra-indications for colour

Selection of Charts for print outs including: -

Blank spine chart

Summary chart of the spinal diagnosis & how to use

Unconnected colour chart

General and complimentary colour chart

Treatment colour chart

Attributes of the main healing colours chart

Chakra chart

Colours for therapeutic use chart

Learning Review

Following each group of lessons, you will be given a list of related questions that will help you to review and consolidate your learning.

Exam – On request approx. 25 questions including multiple choice and minimum of two 1000 word case studies to be submitted.

FREQUENTLY ASKED QUESTIONS

Do I have to complete an exam? Exams are optional. If you would like to receive a recognised qualification however then you will need to submit an exam in the subject studied.

Do I have to submit any essays or case studies in order to pass my exam? - Yes - The exam board do require you to submit a minimum of one written case study for most of the exams. (you can use a friend or family member to be your case study example) Your exam will have a selection of questions/multiple choice. We recommend that you practice your chosen therapy on family and friends first before offering your services to the public.

What if I fail my exam? We will notify you of your results and if you have not passed, you will be given the opportunity to re-submit your exam free of charge. Please note you will be able to read through your examination and take your time, you are in no hurry to complete this and if you have read and understood your course material then we doubt very much that you will have to re-sit. Plus we offer learning reviews throughout your studies which relate to some of your exam questions, providing you work your way through these we see no reason why you should fail.

How much does my Diploma/Certificate cost? Your qualification is included in the price of the course and will be sent to you as a pdf attachment ready for you to print off immediately. You will also have the option to have a signed and posted hard copy sent to you. Postal charges will apply if you require this service.

Can I share my course material with someone else? We do realise that there may be other members of your family or close friends who also wish to study the same subject. In this case please note that there will only be one exam sent out. Should other members wish to request a separate exam there will be an administration charge of £50 per person and no personal tuition will be available to them. However they will still qualify for their accredited diploma/certificate.

Can I then practice my therapy legally? Yes once you have passed any of our accredited courses you may then choose to practice your chosen therapy, however we strongly recommend that you take out adequate insurance if working with the public, and if taking courses that involves massage or hopi ear that you attend a workshop or similar for hands on training before working with the public. Luna studies accept no responsibility for students who may cause injury whilst working with the public after taking any of our courses.

Worldwide Accreditation - Do you cover my country? I live in Canada can I still study your courses? We have many Canadian students, Australian as we do European, American and the Far East. It really does not matter where in the world you are based, your course is recognised by three professional holistic accreditation boards two of which are international. iphm (worldwide) IICT (UK, AUSTRALIA, CANADA, USA, NEW ZEALAND, IRELAND) aadp (USA)

Studying in the UK - Luna Holistics Ltd. is a registered training provider with the Government Department of Work and Pensions. You may qualify towards funding for our courses. For more information contact your local job centre. Luna Holistics is on the UK Register of Learning Providers - UKLP Ref No: 10040879

How do I pay for my course? You can pay by debit/credit card , PayPal or Bank Transfer or you can request that we send an invoice to your email address and you can pay direct from that. Paypal is free for anyone to set up and is one of the most trusted methods of payment on the internet. Most of our courses can be purchased in separate parts to help you spread the cost. Once your course has been ordered and paid for it should be with you within a few hours ready for you to download and start learning.

Why are your courses so inexpensive compared to other course providers? Our course prices are kept as low as possible to encourage more people to enrol and learn about holistic therapy as we feel this is important for all our futures. Please do not make the assumption that because some course providers charge hundreds of pounds more that the content will be superior, we have done our research and know this is not the case. You also have the option of easy payment options.


Can I get Insurance? As a qualified student of Luna Holistic Studies Westminster Indemnity & Towergate specialise in Holistic Insurance and are offering all our UK qualified students the option to join them and obtain a free quote.

How do I access the tutor support? Should you have any queries regarding your course work whilst you are studying simply email us your questions and your query will be passed on to the relevant tutor. You will receive a response via email within 24hrs. You will also be sent a link to access the student video library when you have enrolled.

What is the Student Library? Our student library has been set up especially for you. Here you will find helpful training videos relevant to your chosen course and examples of case studies. You will also find further reading and products plus tips on setting up your own holistic business and links to see some example case studies. You will be sent the direct link for the library with your course files.


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Easy Payment Option also available: <http://www.lunacourses.com/easy-payment-options1.html>

