

Barbara Freytag

Principal at Academy of Advanced Aesthetics and Academy of Advanced Beauty

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Summary

Barbara Freytag, the Principal and Owner of Academy of Advanced Aesthetics and Academy of Advanced Beauty, is a highly trained radiographer, having worked in Poland's top heart transplant team in the early stages of her career. Now one of the UK's best-known aesthetic and beauty training practitioners, specializing in treatments utilizing Ultrasound, Radio Frequency and other non-invasive technology, Barbara founded the Academy of Advanced Beauty in 2009 and the Academy of Advanced Aesthetics in 2012. Barbara has works closely with leading insurance companies and regulatory bodies, and has written the first wave of non-invasive treatment courses on new treatments such as Acoustic Wave Therapy and High Intensity Focused Ultrasound.

Barbara is qualified in:

A1 Assessors Award

PTLLS & DTLLS

Advanced Level in Nutrients and Stress Management

Microdermabrasion (Crystal, Diamond and Salt)

Diode Light Therapy and Dermaphoresis

Micropigmentation

Dermal Roller for skin treatment

Non-needle Mesotherapy

Cosmetic Thermo and Cryotherapy

Level 4 High Intensity Focused Ultrasound

Level 4 Ultrasound for Skin Rejuvenation

Level 4 Low Level Laser Therapy

Level 4 LED Light Therapy

Level 4 Infrared Therapy

Level 4 Radio Frequency

Level 4 Pressotherapy for Lymphatic Drainage and Cellulite Reduction

Level 4 Ultrasonic Lipo-cavitation

Level 4 Cryotherapy Induced Lipolysis

Level 4 Acoustic Wave Therapy (also known as Shockwave Therapy)

Level 4 Transdermal Electroporation

As most new aesthetic technology has migrated from the medical world, Barbara's medical experience has given her a considerable edge in writing courses explaining detailed core knowledge behind the treatments, what makes the treatment effective, and how to get the best results, safely. Concentrating on training students to really understand the treatment and how to achieve the most effective results, Barbara takes pride in seeing her students thrive when given individual attention and care.

Experience

Principal at Academy of Advanced Aesthetics

July 2012 - Present

Principal at Academy of Advanced Beauty

December 2009 - Present

Visiting Lecturer at University of the Arts London

March 2013 - December 2016 (3 years 10 months)

Honors and Awards

Diamond Safety in Beauty award in the Training, Education and Development category, LUX International's Best Aesthetic Training Provider in the UK